

Spring Festival of Awareness

Naramata Centre
near Penticton

April
28-30

Adults \$145

Seniors/Teens \$120

if registered before March 20

Over 50 Workshops

Opening and Closing Ceremonies

Sunrise Meditations & Tai Chi

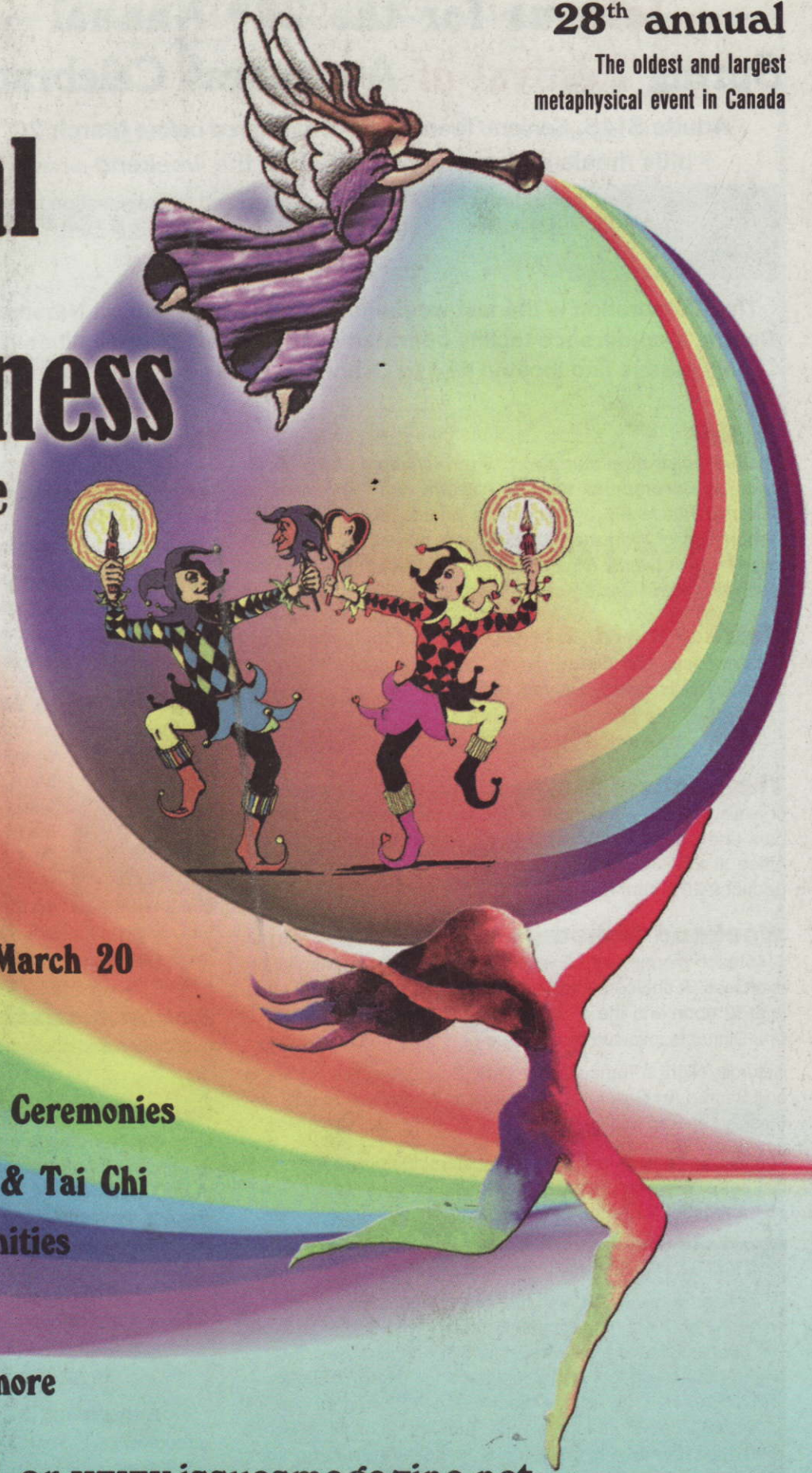
Networking Opportunities

A Healing Oasis

A Festival Store & more

1-888-756-9929 or www.issuesmagazine.net

28th annual
The oldest and largest
metaphysical event in Canada



Join us for the 28th Annual Spring Festival of Awareness Celebration

Adults \$145, Seniors/Teens \$120 if registered before March 20th
plus meals and accommodation for the weekend plus GST

We prefer registration is done by sending in a cheque and the registration form on page 13 ... but you can register by phone using your credit card.

1-250-366-0038 or toll free 1-888-756-9929



Your Spring Festival Hosts
Richard and Angèle

Questions?
Call Toll Free

1-888-756-9929

This Celebration is the last weekend of April, every year, at Naramata Centre, a conference facility operated by the United Church. Wheel-chair accessible and located next to Okanagan Lake near Penticton, BC.

Friday

Onsite Registration starts at 1:15 pm • Dinner is 5:15 - 6:15
Opening Ceremonies start at 7:15 pm with the Dances of Universal Peace led by Akbar and Sharda, followed by the Introduction of Workshop Leaders with bits of Entertainment followed by a twenty minute Crystal and Tibetan Bowl Sound Meditation with Terez & Kalaya to conclude the evening.

Refreshment Stations provide herbal teas, organic juices and coffee during the morning and afternoon breaks. This is included in your registration fee.



We ask that you bring a travelling mug so we don't have to wash cups. Thanks!

The Festival Store has space to sell various crafts, crystals, jewellery and more. If you are registered as a participant and want to bring items to be sold in the store call the office at 250-366-0038. We have a store manager who will deduct a 20% commission on the items sold.

Weekend Schedule Sunrise Ceremonies start at 6:45 each morning with a variety of Movement and Meditation exercises. A choice of ten workshops start at 8:45 am. Lunch is at 12 noon and the afternoon workshops are from 2 - 5:15 pm. Dinner is followed by a choice of nine more workshops.

Saturday Night is Trance Dance time. Enjoy a Visual Light Show and Sacred Art Gallery while moving to World Beat Music synthesized by Karl Muller starting at 9:30 pm in the Great Hall.

The Sunday schedule is the same except after lunch there is a last set of the workshops, then Closing Circle from 4 to 4:45 pm. A time for hugs and fond farewells. No dinner on Sunday.

The Healing Oasis will have many readers and healers available for private sessions that are pre-booked at a rate of \$15 per half hour or \$25 per hour. Friday sign-up starts at 1:30 pm. Sessions 3:30 to 6:30 pm. Sign-up starts again Sat. at 8 am and continues to Sunday at 3:30 pm.

The Sanctuary will be a Drop-in Center for Reiki and similar type healings that is paid for by donation. It will be open Fri. 3:30 - 7 pm, Sat. from 12:45 to 8 pm and Sun. from 8:30 to 4 pm. It is off the lawn just down from Columbia Hall.

If you wish to work in the Healing Oasis



Christina Ince

we offer a trade: 6-7 hours of healing sessions for a weekend pass. All weekend there will be food available in the Healing Oasis at no charge and we encourage healers to bring food to share or you can order the Naramata Center meals, prices on page 14. If interested in sharing your skills please go to our website, it has lots of the details

including a page with *most frequently asked questions*. Then email Christina at christina@holisticcounsellor.com. If need be you can phone her home at 250-490-0735.

Accommodation is on a first come basis. Information and costs are on the registration form on page 14.

Meals Please pre-order by April 10, the sooner the better. Naramata Centre offers delicious, full course meals with a salad bar, beverages and desserts. Meal prices are on the registration form on page 14. If we have cancellations, a few meals could become available at the last minute.

There is a restaurant and a coffee shops a few blocks away.

Finding Naramata - Driving into Penticton from the South, pass the Airport and turn left at the traffic lights (just over the bridge) onto Channel Parkway (hwy 97 N). Go through two traffic lights to a third traffic light at Eckhardt Ave. Turn right, go through four traffic lights and one block to **Haven Hill**.*** Turn left, up hill one block to the 'Y.' Turn right onto Johnson Road, go 3 long blocks. Turn left onto Upper Bench Road, go approx. 1 km. Turn right on McMillan Ave., go 1 long block, turn left onto Naramata Road. From this point it is

approx. 11 km to Naramata. Watch for the sign • After 15 to 20 minutes driving, the road will swing left and curve down the hill into Naramata. You will be on Robinson Avenue. Turn left on either 3rd or 4th St. Go two blocks and you will be on Ellis St and at the Naramata Centre.

Coming from the North - Cross the bridge, you are now on Eckhardt Avenue, stay on Eckhardt to **Haven Hill**. Follow the instructions.***

Workshops & Workshop Leaders

The workshop numbers correspond to the numbers on the overall schedule

ALICE BROCK

Surrey, BC • 604-820-4909
www.alicebrocklifeworks.com

Alice Brock is a Spiritual Healer whose mission is to assist others in discovering the power of the unconscious mind for healing, wisdom, creativity and connection to Spirit. She has been involved in mysticism and the human potential movement for eighteen years. Her background includes Intuitive Healing, Angel Healing, NLP, Professional Coaching and Education.



Workshop #01 Sunday morning 3 hours

Connecting to Angels and Devas

Once you connect they will enrich your life and enhance your spiritual growth. Learn the facts and fallacies of communicating with angels and devas and experience meditations to help the connection happen.

JOY ROBERTS

Mission, BC • 604-820-4904
thejoyovart@yahoo.ca

Art has been a life long passion of mine. I received my diploma in Studio Art in 1991. Since then I have taught many drawing classes and various workshops. My goal is to blend spirituality with art and help others reach their potential as spiritual beings.



Workshop #02 Saturday afternoon 3 hours

Drawing the Goddess/God Within

This workshop is for people who don't feel very creative, and/or feel they have lost their creativity, and/or are looking for a new way to express their inner Goddess/God. Using meditation and Goddess/God decks we will unleash the creator inside..and then get down to the fun stuff, drawing!

EAN LANGILLE

Penticton, BC • 250-493-5782
totalwellness@shaw.ca

Ean is a passionate Teacher, IIPA Certified Iridologist/Instructor, Master Herbalist, Certified Natural Health Professional, physical/spiritual/mental/emotional counsellor, and creator of the 90-Day Health Building Program. At Ean's Natural Health Practice in Penticton he uses Energy Reflex Testing (ERT) and Iridology to empower others in their health journey, and he recommends programs that support the body's innate healing intelligence.



Workshop #03 Saturday evening 2 hours

Insight Iridology: A Journey Within

Learn the iris signs in theory and through practice that indicate your personality, mental/emotional nature, and soul lessons. Discover how to support the body physically, nutritionally, and spiritually.

Workshop #04 Sunday morning 3 hours

The Root Of All Health Conditions

Learn the physical root of all health conditions in the body. Discover how to support and speed-up the natural healing process with foods and supplements rather than suppressing the body's messages/signals.

KELLY OSWALD

Whistler, BC
604-905-0084
www.theoracle.ca

Founder of the West Coast Institute of Mystic Arts in North Vancouver and owner of Oracle Books in Whistler, Kelly has appeared on numerous television shows as well as over 60 radio stations in Canada and the United States. She teaches solution-oriented and empowering workshops at an international level.



Workshop #05 Saturday morning 3 hours

Getting Down to Business

Yes! You can enjoy a fulfilling, profitable career in an esoteric field you absolutely love without sacrificing your values. Here is your chance to learn the major aspects of building and maintaining a successful practice which include:

- business start-up ideas
- building and maintaining clientele
- marketing and promotion
- how to get yourself in the media...and more!

Workshop #06 Sunday afternoon 2 hours

Your Higher Self and You

There is a beautiful, eternal part of you that is always guiding you to an abundant place of harmony and safety. When we listen to the voice of our intuition, the higher part of our selves, everything seems to fall into place. When we resist the call, we lose trust and lack faith; then things fall to pieces. Discover the skills and journey through the process that will introduce you to your Higher Self, walking beside you through this adventure called 'life.'

Workshop #07 Saturday morning 3 hours

A Circle of Friends

Following a short intro, we will get to know each other through fun, safe, interactive 'sharings' of who we are and how we feel....you will leave the session with your heart 'opened and touched' and feeling connected and supported by new friends for the rest of the weekend and.... beyond.



BROCK TULLY

Vancouver, BC • 604-687-1099 • www.brocktully.com

In 1970 Brock was the first person to ride a bicycle around North America (16,000 km) In 2000 he rode 18,000 km through 33 states and 7 provinces to raise awareness for kindness. He is author of eight books, five of them are the *Reflections series*. Presently he organizes the World Kindness Concert and travels to schools talking to kids about kindness.

SUNRISE CEREMONIES with Brock, Sunday morning ONLY at 6:45 am in the South Wing Room

Acts of Kindness • Together we will create some anonymous acts of kindness - help us connect to each other.

Workshop #08 Saturday afternoon 3 hours

Are the Lights Bothering You?

Get headaches that nothing seems to fix? Sensitivity to light, especially fluorescents. Does black print on white paper seem to move? It accounts for 65% of 'diagnosed' dyslexia, 33% of 'diagnosed' ADHD, 50% of learning disabilities and possibly up to 80% of Autism. It is possible to screen for Irlen Syndrome and treat it, with coloured overlays and tinted Irlen lenses. You either have it or you don't. There are no side effects of the Irlen tints, and...best of all, no drugs. Try the simple self-test on the Irlen website, www.irlen.com



BONNIE WILLIAMS

Kelowna, BC • 250-862-6192 • bonsharwill@shaw.ca

Bonnie considers herself to be the luckiest person in the world. She loves her job, a teacher since 1963, she discovered Montessori education in 1985. Two years ago, when a little girl was NOT learning, she discovered Irlen Syndrome, the missing piece in this child's learning. She is now a certified Irlen Screener, and wants the world to know about this sensitivity, so that learning is easier, as well as life in general.

Workshop #09 Saturday afternoon 1.5 hours

Unveiling the Oracle

Exploring the nature of divination and its source: Oracles through the Ages. What is the oracle? Who is the Oracle? How can we find our own oracle? Includes demonstrations.

Workshop #10 Saturday evening 2 hours

Revealing the Oracle Within

In-depth discovery of our own inner Oracle. Intense personal introspection on who we really are. Understanding how the outside world manifests from our inner convictions.



JONN LAVINNDER

Nelson, BC • 250-229-4563

www.sixdirections.com

Jonn Lavinnder is a writer, artist, and practitioner of ancient wisdom for more than thirty years. Jonn is the founder of the Six Directions Foundation and author of the Ancestors' Path, a Native American Oracle. He also co-hosts the Spirits Path on CJLY with Micah-el, his wife.

Workshop #11 Sunday morning 3 hours

Beyond Ecstasy we Find the Self: an Introduction to Tantra

This fun filled time will be spent learning about Tantra and Kundalini energy. Discover how to switch off the mind, awaken the senses and become aware of your whole body. Bring a blanket or towel.



BRENDA MOLLOY

Kelowna, BC • 250-769-6898 • www.studiochi.net

Brenda is a Shiatsu Practitioner, Yoga Therapist, Feng Shui Consultant and Tantrika. She is the proprietor of Studio Chi, a school dedicated to the exploration of the movement of chi (energy). Her playshops allow her to share her passion for life in a relaxing, therapeutic, educational and fun way.

SUNRISE CEREMONIES with Brenda, BOTH mornings at 6:45 am in Lower Alberta Hall

Self Help with Shiatsu: Alleviate tension by stimulating your body by using acupressure points and a few simple stretches.

Workshop #12 Saturday evening 2 hours

Dances of Universal Peace

These simple, meditative, joyous, multi-cultural circle dances use sacred phrases, chants, music and movements from the many traditions of the earth to touch the spiritual essence within ourselves and others. Based on the work begun in the late 60's by Samuel L. Lewis, they promote peace and integration within individuals and groups worldwide.



AKBAR AND SHARDA

Canoe, BC • 250-832-9377

acorn101@jetstream.net

Akbar and Sharda approach spirituality from the path of the heart which has guided them for 25 years. They have been instrumental in offering the teachings of Inayat Khan in Canada since 1978 and are founding members of the Sufi Movement in Canada, and continue to spread the message of Love, Harmony and Beauty. **4**

*They will be leading the Dances of Universal Peace
Friday evening at 7 pm for all to enjoy.*

ROBERT NICHOL

Gibsons Landing, BC
604-886-3639 • devadas@telus.net
www.stardreams-cropcircles.com

A veteran filmmaker with twenty-five productions to his credit, Robert is an award-winning director and cinematographer. A visionary producer of programs that seeks to enlighten as well as entertain. He brings to the world new ideas and concepts leading to new approaches in healthy living, new ways of being and finally to the development and evolution of human thought and spiritual consciousness.



Workshop #13 Saturday evening 2 hours

Star Dreams

Enjoy the the latest Crop Circle video with Robert as he explains the various perspectives and insights gained by the major researchers in the field. There have been 11,000 recorded crop circles world-wide since 1980. This award winning documentary illuminates the beauty, complexity and sophistication of the crop circle designs.

SEQUOIA HENNING

Kelowna, BC • 250-764-6330
feelingsoulgood@yahoo.com
www.feelingsoulgood.com

Sequoia works part-time in her private practice called *Feeling Soul Good* offering holistic massages, sound healing and facilitating classes. She is a frequent visitor to India where she continues to study the ancient sounds of Sanskrit chanting. She has studied all over the world with various sound healers including Tom Kenyon, Mitch Nuir and many others. One of her passions in life is to use vibrational medicine for healing.



Workshop #14 Saturday morning 3 hours

Workshop #15 Sunday afternoon 2 hours

Heal with the Power of Sound

Toning and Chanting using
Tibetan Bowls and more.

Chanting opens our heart and lifts our spirits as it carries a vibrational frequency of sound that acts as a bridge between the world of spirit and matter creating a feeling of complete oneness. We will explore various ways sound is used for healing the mind, body and spirit. I believe that sound is a carrier wave for our intention.

JOSEPH RANALLO

Rossland, BC
250-362-7763
jranallo@selkirk.ca

Joseph manages a part time acupuncture practice in which he combines Korean Hand Therapy and Chinese Herbal Patches with Traditional Oriental Medicine and Phytobiophysics. He believes that all people have the capacity to heal and the right to be healed.



Workshop #16 Saturday morning 3 hours

Korean Hand Therapy

Experience this healing practice based on the hand acupuncture micro system that uses specific hand points to diagnose health issues, to balance the meridians, to manage pain, and to treat the entire body, using only finger pressure and metallic pellets. Please bring to the session two colored metal rings (gold, brass, copper, etc.) and two white metal rings (silver, steel, aluminum)

Workshop #17 Saturday afternoon 1.5 hours

Phytobiophysics

This branch of vibrational healing integrates modern science with oriental medicine, homeopathic principles and Malaysian plant therapy. Phytobiophysics founder Professor, Dr. Diana Mossop who has been knighted for her research, offers the world an 'acupuncture in a pill' to enhance the body's innate ability to release energy blocks, provide antidotes for medical and vaccination toxins, and assist in nutrient assimilation. This workshop presents the formulas available, and teaches participants a simple, reliable, diagnostic procedure to help us determine what and how much the body needs.

SHARON WIENER

Naramata, BC • 250-496-4100
sharonw27@shaw.ca
www.meditativesong.com

Sharon has been practicing Buddhist Dzogchen meditation since 1993 and teaching for the past six years. She also works as a psychotherapist and sings original music for meditation which can be heard on her CD's *Boundless and One Bright Pearl* (visit www.meditativesong.com).



Workshop #18 Saturday evening 2 hours

An Introduction to Presence:

for those who are interested in establishing a meditation practice, or in learning more about Buddhist 'Dzogchen' teachings, this workshop will offer the Buddhist view and practices that teach us how to be truly present, moment by moment in our lives.

Workshop #19 Sunday morning 3 hours

The Tao of Singing

A meditative method for freeing the natural singing voice, through relaxation and 'effortless effort.' Sing alone and as a group. Welcoming even the most fearful singer! Sharon is a trained opera singer and meditation teacher and taught this course through The Learning Annex in Toronto for five years.

These numbers indicate the workshop location on the map you will receive at the Festival

WEEKEND SCHEDULE

Saturday

Location	8:45 am - noon	2 - 3:30 pm	3:45 - 5:15 pm	7:15 - 9:15 pm
1 Loft	# 07 Brock Tully A Circle of Friends	# 37 Donna Harms Gemstone Massage Therapy		# 13 Robert Nichol Star Dreams Crop Circle Video
2 North Wing	# 38 Flo Masson Enneagram A Path to Freedom	# 45 Duncan & Darcy Spiritual Awareness and Meditation		# 40 Sue Peters Animal Communication
3 Sessions Room	# 05 Kelly Oswald Getting Down to Business	# 34 Jeane Manning Freeing the Power		# 12 Akbar & Sharda Dances of Universal Peace
4 South Wing	# 42 Kristie Straarup Experience Thai Massage	# 02 Joy Roberts Drawing the Goddess/God Within		# 30 Kuya Minogue Zen and Ordinary Daily Life
5 Maple Court 1	# 28 Jane Hutchins Seeing and Feeling Auras - And What that Means	# 21 Bryce & Julie-Ann Hyatt Family Constellations		# 27 Marnie Hancock Visualizations, the Point of Power
6 Maple Court 2	# 33 Jean Shelemey Our Empowering Dreams	# 50 Josephine Lawless Into the Heart of Self		# 18 Sharon Wiener An Introduction to Presence
7 upper Alberta Hall	# 16 Joseph Ranallo Korean Hand Therapy	# 17 Joseph Ranallo Phytobiophysics	# 23 Hajime Naka Myth of Separation	# 03 Ean Langille Insight Iridology A Journey Within
8 lower Alberta Hall	# 39 Wayne Tan An Intro to the Australian Bush Flower Essences	# 43 Sharon Taphorn Secrets from Lemuria	# 09 Jonn Lavinnder Unveiling the Oracle	# 10 Jonn Lavinnder Revealing the Oracle Within
9 Great Hall	# 46 Paul Langlois Heart Beat, Drum Speak	# 03 Laurel McGregor Dance Work		# 52 Robin Sittig The Power of Listening
10 Chapel	# 14 Sequoia Henning Heal with the Power of Sound	# 20 Terez Laforge Sounds through Crystal Bowls		# 48 Kalaya Tibetan Bowl Concert of Sound
Other	# 25 • Christina Ince Introduction to Hands-On Healing <i>in the Sanctuary (Creekside House) just below Columbia Hall- see signs</i>	# 08 • Bonnie Williams Are the Lights Bothering You? <i>in Maple Court 3</i>		

The Great Hall will with once again be graced with huge rainbows, dancing jesters, lots of flowers, energetic crystals and beautiful Angel paintings.

Enjoy the Quan Yin or Buddha altars as well as the Give-Away table.

Friday evening after the Introduction of Workshop Presenters their will be a Sound Meditation. Join Terez and Kalaya with a 20-30 minute performance of the Crystal and Tibetan Singing Bowls.



APRIL 28, 29 & 30th 2006

These numbers indicate the workshop location on the map you will receive at the Festival

Sunday

SUNRISE 6:45 - 7:30	8:45 am - noon		1:45 - 3:45 pm	Location
	# 52 wildflower Yoga for your Muse	# 36 Laurel McGregor Astrology, Meditation, Dance	# 36 Laurel McGregor Astrology, Meditation, Dance	
wildflower Meditative Yoga Flow <i>Saturday & Sunday</i>	# 52 wildflower Yoga for your Muse	# 36 Laurel McGregor Astrology, Meditation, Dance	# 36 Laurel McGregor Astrology, Meditation, Dance	Loft 1
Sharon Taphorn Journey to a Lemurian Healing Temple <i>Sunday only</i>	# 11 Brenda Molloy Beyond Ecstasy we Find the Self: An Introduction to Tantra	# 51 Josephine Lawless Resting in the Presence of Being	# 51 Josephine Lawless Resting in the Presence of Being	North Wing 2
Jean Shelemey Accessing your Intuitive Abilities <i>Saturday & Sunday</i>	# 01 Alice Brock Connecting to Angels and Devas	# 22 Bryce & Julie-Ann Hyatt Family Constellations	# 22 Bryce & Julie-Ann Hyatt Family Constellations	Sessions Room 3
SAT Kuya Minogue Zen Writing Practice	# 31 Kuya Minogue Write From the Source	# 49 Kalaya The Transformation Game	# 49 Kalaya The Transformation Game	South Wing 4
SUN Brock Tully Acts of Kindness	# 31 Kuya Minogue Write From the Source	# 49 Kalaya The Transformation Game	# 49 Kalaya The Transformation Game	South Wing 4
 Flo Masson Labyrinth: a Walk with the Ancients <i>Saturday & Sunday</i> (meet at the Labyrinth)	# 26 Christina Ince Celtic Wheel of the Year	# 41 Sue Peters Energy Systems of Small Animal	# 41 Sue Peters Energy Systems of Small Animal	Maple Court 1 5
	# 32 Anne Stolk Clearing and Charging the Energy Field	# 29 Jane Hutchins How to Get Your Message Across when Nobody is There	# 29 Jane Hutchins How to Get Your Message Across when Nobody is There	Maple Court 2 6
Marnie Hancock Visualizations <i>Saturday only</i>	# 04 Ean Langille The Root of All Health Conditions	# 24 Hajime Harold Naka Moving into Wholeness (Outside on lawn if weather is good)	# 24 Hajime Harold Naka Moving into Wholeness (Outside on lawn if weather is good)	upper Alberta Hall 7
Brenda Molloy Self Help with Shiatsu <i>Saturday & Sunday</i>	# 44 Sharon Taphorn Ten Principles of Consciously Creating	# 06 Kelly Oswald Your Higher Self and You	# 06 Kelly Oswald Your Higher Self and You	lower Alberta Hall 8
Hajime Naka Qi Gong and Tai Chi <i>Saturday & Sunday</i>	# 54 Robin Sittig Drumming for the Soul	# 47 Paul Langlois Heart Beat, Drum Speak	# 47 Paul Langlois Heart Beat, Drum Speak	Great Hall 9
SAT Terez Laforge A Sound Meditation	# 19 Sharon Wiener The Tao of Singing	# 15 Sequoia Henning Heal with the Power of Sound	# 15 Sequoia Henning Heal with the Power of Sound	Chapel 10
SUN Kalaya Tibetan Prayer Wheel	# 19 Sharon Wiener The Tao of Singing	# 15 Sequoia Henning Heal with the Power of Sound	# 15 Sequoia Henning Heal with the Power of Sound	Chapel 10

Saturday Evening Trance Dance

Rainbow Cathedral Tribal Trance Dance - A sound and light journey of transformation featuring Ngakpa Yeshe's electronic world tribal trance fusions with live Tibetan mantric throat singing and overtoneing. Musicians are welcome to join in with vocal/percussive accompaniment. There will be video projected sacred geometry visuals and video clips along with a sacred tribal art gallery. Come dance yourself to ecstatic states, raise your consciousness, and feel the vibe of the rainbow warrior neo-tribe. Ngakpa Yeshe will also be performing a fire dance in a flurry of flames with poi fire chains, flaming staff, and blazing swords.



Ngakpa Yeshe swinging his poi



Rainbow Cathedral Sacred Art

Workshop # 20 Saturday afternoon 3 hours

Sounds through Crystal Bowls

Through personal intention setting, the sound assists our letting go and reclaiming our balance and creativity. This workshop is experiential, private and internal. Dress for comfort on the floor mats and let the sound touch all of you.



TEREZ LAFORGE

Kamloops, BC • 250-374-8672 • terez@telus.net

Terez is a longstanding student of sound and transformation. She uses crystal bowls and some metal percussion instruments for stirring us to the core and then returning to this reality with more personal freedom.

SUNRISE CEREMONIES with Terez SATURDAY morning at 6:45 am in the Chapel

A Sound Meditation: using the crystal bowls and/or other instruments we will create alignment with our intent.

Workshop #21 Saturday afternoon 3 hours

Workshop #22 Sunday afternoon 2 hours

The Family Constellations

as taught by Bert Hellinger (www.hellinger.com)

This proven method of therapy removes the impediments to the flow of love in your life. Like a stream with rocks below the surface that alter the flow of water, love moves more smoothly when the disturbances are recognized and removed. This workshop is an opportunity to break the chain of repeated patterns so that resolution is immediate as each of us moves towards a place of acceptance and calm, that deepens with time.



BRYCE & JULIE-ANN HYATT

Winlaw, BC • 250-226-7654
jahyatt@telus.net

Bryce: I am solution oriented and believe in 'show me'. Very few things have passed the test; I put the work of Bert Hellinger at the top of my list. It is experiential work that effects change in a powerful, immediate and ongoing way.

Julie-Ann: I have a practice as a Behavioural Consultant focusing on Autism. Adding the work of Bert Hellinger has profoundly changed and enriched the work I do. I have a passion for working with people and enjoy all that they have to offer.

Workshop #23 Saturday afternoon 1.5 hours

Myth of Separation

Join Hajime and friends in a thoughtful dialogue on how separations leads to illness, loneliness and depression and how mindful meditation can heal and empower body, mind and spirit.

Workshop #24 Sunday afternoon 2 hours

Moving into Wholeness

Taiji - Qigong returns one's physical, emotional, mental and spiritual bodies into a harmonious relationship. Experience Hajime's playful meditation dance using Qi (life force) creative movements and healing sounds.



HAJIME HAROLD NAKA

Kelowna, BC • 250-762-5982

Hajime, Ph Qi, founder of the Okanagan Qi Company is an Urban Daoist Monk, unenlightened Zen reject, Kama Kize Qi dancer, radical visionary and seriously playful martial artist. His 'Dancing Dragon Qigong-Tai Chi has been healing, empowering and liberating society since 1983. Hajime was a gold medalist at the Chinese Canadian Martial Arts Championships in 1999.

SUNRISE CEREMONIES with Hajime, BOTH mornings at 6:45 am in the Great Hall

Qigong Rising • Centering Body, Mind, Spirit with the Natural World. (Cosmos)

Workshop #25 Saturday morning 3 hours

Introduction to Hands-On Healing

Come and be touched by the power of hands-on-healing; learn how you can achieve healing on all levels - for yourself and others. Ask questions, de-mystify the process, promote relaxation, peace of mind, pain management, and find freedom from stress, anxiety and tension. Dress comfortably and be prepared to experience giving and receiving in gentle nurturing ways.

Workshop #26 Sunday morning 3 hours

Celtic Wheel of the Year

Celebrate life, revitalize your imagination, discover creativity on a fascinating journey through the eight Celtic festivals. Find modern relevance in ancient practices and yearly rhythms: spells, cures, rituals, tree astrology, the Druids. Who/what is your personal oracle? Have fun, be surprised, give blessings, and feast!



CHRISTINA INCE

Penticton, BC • 250-490-0735
christina@holisticcounsellor.com

"I have an holistic health practice in Penticton, providing Reiki teaching and treatments, relaxation massage, and counselling for relationships and loss & grief. Years in Ireland, north and south, honed my fascination with the Celts and helped cultivate my love of storytelling, and my desire to share ancient wisdoms with wonder, integrity and humour."

**Christina
is the
Healing
Oasis
Coordinator**

MARNIE HANCOCK

Naramata, BC • 250-496-5576 • theiamlist@mail.com

Marnie has been studying metaphysical practices since 1987. She left her teaching career in 2000 to travel and teach internationally. Co-author of the book, *The List*, aka *Reality Dynamics*, Marnie teaches this powerful manifestation tool, as well as other personal empowerment seminars.



Workshop #27 Saturday evening 2 hours

Visualizations, the Point of Power

Experience new and effective visualization techniques to manifest whatever you want and choose. Also learn many new relaxing and renewing visualizations to improve your overall safety, health, well being and happiness.

SUNRISE CEREMONIES with Marnie, SATURDAY morning at 6:45 am in the Upper Alberta Hall

Visualizations - Relax, renew and discover overall well being with these short exercises.

JANE HUTCHINS

Castlegar, BC • 250-365-2136

jhutchins@cbt.org

Jane is a Reiki Master/Teacher, A Shambhala Multi-dimensional Master/Teacher, and a Pranic Healer. She reads Tarot cards, facilitates past life journeys and connections with angels. She teaches workshops in the healing arts and shamanic practices. She is also a corporate operations manager.



Workshop # 28 Saturday morning 3 hours

Seeing and Feeling Auras - and What that Means

An experiential workshop that teaches participants how to see an aura, how to feel it, to interpret the tactile messages, and the emotional and physical properties associated with the differences in auras.

Workshop # 29 Sunday afternoon 2 hours

How to Get Your Message Across When Nobody is There

This is an experiential workshop that teaches participants how to communicate with any person, particularly if they are either not present or if the issue would be difficult to deal with in person.

KUYA MINOGUE

Golden, BC • 250-344-2267

www.redshift.bc.ca/~kminogue

Kuya has been practicing Zen meditation since 1986. She was ordained by Kyogen Carlson in 1989 and has taught writing since 1973. In 1994 she left organized Buddhism to do a seven-year hermitage practice in remote aboriginal communities. She has published Buddhist essays and is a winner in the 2005 Kootenay writing competition. She teaches at the Zen Words, Zen Centre.



Workshop # 30 Saturday evening 2 hours

Zen and Ordinary Daily Life

Learn Zen meditation and practice, with an emphasis on how the Zen mind can be applied to our busy and productive lives. There will be meditation instruction along with chanting and a dharma talk titled "To live by Zen is to live an ordinary daily life." Bring two pens and a spiral notebook.

Workshop # 31 Sunday morning 3 hours

Write From the Source

By alternating between sitting meditation, walking and writing in silence, we will reach deep into our creative minds and write from the source. Bring two pens and a spiral notebook.

SUNRISE CEREMONIES with Kuya, SATURDAY morning at 6:45 am in the South Wing Room

Zen Writing Practice. Zen meditation with some fast writing techniques that include: sit, walk, write, read.

ANNE STOLK

Peachland, BC • 250-767-2103 • nicemarket2002@yahoo.com

Anne graduated from the Barbara Brennan School of Healing in 2001. She is an experienced healer and teacher who believes in working from the sacred human heart as the bridge between physical and spiritual dimensions. She works at the Okanagan Natural Care Center.



Workshop #32 Sunday morning 3 hours

Clearing and Charging the Energy Field

Participants will learn to clear and charge the energy field and prepare to do a healing. Creating sacred space and basic healing skills will be practiced. Bring a pendulum.

JEAN SHELEMEY

Vancouver, BC • 604-739-0070 • metaje@telus.net

Jean Shelemey is a wellness teacher, alternative healer and an intuitive counselor. She has taught across Canada for twelve years. This includes courses in shamanism, meditation, intuition development, manifestation, health, empowerment, cancer healing techniques, and dream interpretation. She also teaches corporate wellness courses.



Workshop #33 Saturday morning 3 hours

Our Empowering Dreams

Dreams are messages from your unconscious or internal knowingness. Find out the purpose of dreaming and get guidance on how to recall and interpret dreams to improve your physical, emotional and spiritual well-being.

SUNRISE CEREMONIES with Jean • BOTH mornings at 6:45 am in South Wing

Access Your Intuitive Abilities - Through exercises, we learn to trust and tap into our gifts making optimal life decisions. **9**

Workshop #34 Saturday afternoon 3 hours

Freeing the Power

Humankind could choose new energy sources and work in harmony with nature. In this workshop, visuals and dialogue reveal how new non-polluting alternatives could help bring about a more enlightened civilization.



JEANE MANNING • Vancouver, BC
www.jeanemanning.com

Jeane's strongest private interest - and source of joy - is the spiritual life. Publicly she's a columnist and author, published in five languages. She travels widely to interview scientists, and is on advisory boards (www.NewEnergyMovement.com). With a degree in Sociology, she looks for the big picture regarding humankind's choices.

Workshop #35 Saturday afternoon 3 hours

Dance Work

Embody balance, power and grace using the inspiring quality of music, dance and the mystical arts. Become the Hero / Lover / Artist of your journey on the Royal Road. We will be using universal archetypes to invest ourselves with greater understanding of our potential evolution. Using the body/mind we anchor this wisdom as we become the artist / architect of our lives.



LAUREL MACGREGOR
Vancouver, BC • 604-736-6805

After years of studying Astrology, Kabbalah, Tarot, Yoga and Dance I have integrated them on the physical level. No longer a certified Nia instructor, I have decided to follow my body/mind wisdom and teach all these modalities as an integrated whole. This summer I will be moving to the Okanagan.

Workshop #36 Sunday afternoon 2 hours • Astrology, Meditation, Dance

The seven ancient planets are our archetypal guides to understanding aspects of ourselves. Theory, music, movement and meditation will help balance and anchor us to the body/mind for healing and evolution.

Workshop #37 Saturday afternoon 3 hours

Gemstone Massage Therapy

Combines all our senses - sound, smell, touch, meditation and visualization, resulting in amazing breakthroughs of 'stuck and unwanted' energy - that has created blockages or disease. It incorporates the therapeutic uses of crystals, gemstones, aromatherapy, guided visualization, toning and stone massage, creating a euphoric state of well-being, physically, mentally and emotionally. Bring a blanket and pillow!



DONNA HARMS
Armstrong, BC • 250-546-9123
donna52@telus.net

Donna is certified in Reflexology, Crystal Light Therapy, Gemstone Massage Therapy, Shiatsu, and is a Reiki Master (trained with gem stones) and a Colour Therapy practitioner. She is also an accountant.

Workshop #38 Saturday morning 3 hours

Enneagram: A Path to Freedom

An introduction of the Enneagram as a tool to help us uncover our shadow side. During our time together, we will look at the history and the nine types within the three different centers. Where do you fit in this ancient scheme? When we uncover our shadow, and bring it into the light it can become our greatest gift. This is called transformation. Please bring \$2 if you wish a photocopied booklet.



FLO MASSON
Winfield, BC • 250-766-5333
massf@axion.net

Flo is a spiritual director, a retreat leader and is director of Emmanuella House of Prayer. She studied theology in Vancouver and has a Masters of Pastoral Studies. She has done chaplaincy work in KGH. Flo is interested in the healing modalities and believes that we need to learn to accept and love ourselves as holy people, releasing our old childhood beliefs.

SUNRISE CEREMONIES with Flo BOTH mornings at 6:45 am • Meet at the Labyrinth

A Walk with the Ancients: Labyrinth walking is 4000 years old, come and gain wisdom.

Workshop #39 Saturday morning 3 hours

An Intro to the Australian Bush Flower Essences

- * Learn about the history and philosophy of flower essences
- * Understand how emotional patterns affect your health
- * Learn how to change these patterns with flower essences



WAYNE TAN
Vancouver, BC • 604-688-5577
wayne@redlilyhealing.com

Described as vibrational therapy, flower essences are pure and natural. They can be used by the whole family including your pets. Learn how one may give clarity, courage, strength and commitments to follow and pursue one's goals and dreams with the Australian Bush Flower essences. Some course materials will be handed out.

A gifted psychic-medium, trance/spirit healer and medical intuitive, Wayne helps others seek higher understanding of the mysteries and truths in Life. He has studied at the Arthur Findlay College of Psychic Studies in England and is a tutor at the West Coast Institute of Mystic Arts in North Vancouver. Wayne is also a reiki master, flower essence practitioner, life coach and Feng Shui Consultant.

SUE PETERS

Keremeos, BC • 250-499-5209
desertsunz@yahoo.ca

I have communicated with Nature and Nature Spirits all of my life. As a child, I learned to walk easily between the spirit world and this physical existence. This awareness has never left me. I was trained in shamanism by an eclectic group of indigenous shamans from the southwestern states. I also have a background as a Guarani Shaman, Reiki and Seichem Master/Teacher, Ra-Sheeba Master/Teacher and Acupressure Massage.



Workshop #40 Saturday evening 2 hours

Animal Communication

In this workshop, you will be shown some basics in how to telepathically communicate (send and receive messages) with animals. You will be learning how to create a safe environment for the animal, and how to develop your intuitive skills and abilities so that communication will become easier.

Workshop #41 Sunday afternoon 2 hours

Energy Systems of Small Animals

This session will cover the basics in the Chakra System of Small Animals (Dogs, Cats, Birds...), their Energy Fields: Aura; Antenna System; Nervous System; Preparation before treating an animal; How to approach an animal; Scanning techniques; and some Hands-On Healing Methods.

KRISTIE STRAARUP

Saltspring Island, BC • 250-537-1219
www.pathaimassageandstore.com

Kristie has been in the field of massage for over twenty-five years. She now teaches Thai Massage through the *Pacific Academy of Thai Massage* and enjoys teaching people who are new to the field as well as seasoned practitioners.



Workshop #42 Saturday morning 3 hours

Experience Thai Massage

A mini learning session in classical Thai massage involving a unique blend of pressure point work and manipulations to the body. It is based on the energy system within the body and yoga-like stretches.

SHARON TAPHORN

Vancouver, BC • 604-874-3770
www.sharontaphorn.com

I am Teacher/Healer/Seeker on this journey. I am here to be in Service to 'We the People' during these times of evolution on the planet. I am a Reiki and Ra~Sheeba Master/Teacher, Certified Overlight Spiritual Intuitive, Certified Facilitator of *The Ten Principles of Consciously Creating*, a Tachyon Practitioner and more. I have been empathic with enhanced senses all of my life.



Workshop #43 Saturday afternoon 1.5 hours

Secrets from Lemuria

Explore the ancient times of Lemuria so we can re-awaken our Elven and Angelic heritage and feel the energy of Love. We will explore how the healers healed, how the children learned, and how these wonderful influences can help us now with the Indigo and Crystal Children. Practical information to assist us during the great shift in consciousness. This fun and practical workshop includes a meditation.

Workshop #44 Sunday morning 3 hours

The Ten Principles of Consciously Creating

We will explore how these principles, when studied and practiced, allow you to create the life experience you truly desire. Whether you are healing a physical condition, looking for the perfect relationship, starting a new business, or finding a new home, the *Ten Principles* can show you a way. 1. Truth 2. Trust 3. Passion 4. Clarity 5. Communication 6. Completion 7. Prayer 8. Meditation 9. Sleepstate Programming 10. Masterminding.

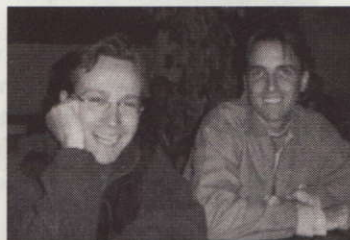
SUNRISE CEREMONIES with Sharon
SUNDAY morning at 6:45 am in North Wing

Journey to a Lemurian Healing Temple
A guided meditation where we will reunite with that divine spark of Light that we truly are.

DUNCAN HARTE & DARCY DROBENA

Praxis Centre, Kelowna, BC • 250-860-5686
praxiscentre@shaw.ca

Duncan and Darcy are enthusiastic teachers working together since 1997. Their experience includes graduate study in Berkeley, California and working closely with Langara College and the First United Church in Kelowna. They operate Praxis Spiritual Centre, a sacred space where students experience energy-based meditation and healing.



Workshop #45 Saturday afternoon 3 hours

Spiritual Awareness and Meditation

Experience yourself as spirit. Explore key tools such as centering, grounding, and the aura/personal space. These tools form the foundation for daily meditation practice and support spiritual awareness in everyday life.

Workshop #46 Saturday morning 3 hours

Workshop #47 Sunday afternoon 2 hours

Heart Beat, Drum Speak

Workshop includes: development of sound techniques, meter beats in time, dynamics, melodic drumming, power and speed exercises and learning some middle eastern rhythms. Bring your energy and your smile. Some drums will be provided.



PAUL LANGLOIS • Vernon, BC • 250-545-0474

Paul is the drum! The drum is Paul! Mom's pots and pans, dad's wrenches, the wheelbarrow.....it manifested early.....in Grade 3 it got him suspended from school; the table, a lamp post, the sink, all are drums when Paul is there. His formal drumming includes an apprenticeship with Egyptian tabla master Adel Awad, and head percussionist and professor of music, Bruce Landmark. He has taken workshops with Gordy Ryan, David Thiaw, Russel Sumski, Brad Dutz, Dave Darby, and Ray Rothschild. Currently, Paul teaches privately, is a session musician, and performs live. He loves to play for dancers and is open to drumming solo. Paul's soul soars through the drum.

Workshop #48 Saturday evening 2 hours

Tibetan Bowl Concert of Sound

Come experience the haunting sound of the Himalayas which often draw people to experience their inner worlds - or just have a very relaxing meditation.



**KALAYA LEIGHLAND
Mission, BC • 604-832-0044**

Kalaya has been playing her Tibetan Bowls at the Naramata festival for the past several years. Her channeled playing is always unique and inspiring. She and her bowls have been featured at fund raisers, Christmas celebrations, weddings, around B.C. and Washington.

Workshop #49 Sunday afternoon 2 hours • **The Transformation Game**

Deepen your understanding of yourself and others and receive inspiration and practical support as well as having a fun time. Messages from angels and feedback from the universe clarify your playing focus.

SUNRISE CEREMONIES with Kalaya SUNDAY morning at 6:45 am in the Chapel

Tibetan Bowl Meditation and Prayer Wheel Ceremony:

Add your prayer and intention to the Tibetan Prayer Wheel and send it to the Universe with this sound meditation.

Workshop #50 Saturday afternoon 3 hours

Into the Heart of Self

Who would you be if you let go of all the things you think/believe you are? Through the process of shamanic journeying, deep trance work and magic you will let go of the veils and masks that hide who you really are. We will cast a circle and work in sacred space as we journey into the unknown. Bring mat, pillow, blanket and eye cover, something for the altar is optional.

Workshop #51 Sunday afternoon 2 hours

Resting in the Presence of Being

Learn a simple method of accepting and just being with yourself and sharing this truth with others. Most of the time we are so busy resisting, avoiding, enduring, grasping for, indulging in, or analyzing what is happening to us, and our lives, that we constantly live our lives, in the past, or in fear of the future. To become truly present is to learn to stop everything and 'just be' in this moment.



**JOSEPHINE LAWLESS
Peachland, BC • 250-767-6367
www.potentialsunlimited.net**

Josephine has been helping people bring about meaningful changes in their lives for over thirty-five years. She has explored hundreds of forms of healing and personal/spiritual growth and facilitated many *Enlightenment Intensive* retreats. She is passionate about helping others awaken to their true self remembering their connection with the Divine. She is a Counsellor and Spiritual Teacher in private practice and enjoys conducting workshops.

Workshop #52 Sunday morning 3 hours

Yoga for your Muse

Nurture your precious and unique presence in this world with this playful exploration of postures, songs, stories and relaxation tools that engage and affirm your whole self. This gentle practice is open to all levels and abilities.



photo credit: Carey Tarr

**WILDFLOWER • OK Falls, BC • 250-486-5739
www.wildfloweriyoga.ca**

wildflower's unique teaching approach, developed in the Maritimes in the style of Kripalu (meaning 'with compassion'), caters to all ages and stages of life, from babies through adults. Her creativity and humour will engage your sense of playfulness and her nurturing language and openness to individual experience will comfort and soothe your tender self.

**SUNRISE CEREMONIES with wildflower, BOTH mornings at 6:45 am in the Loft
Meditative Yoga Flow.** Join us for some nurturing yoga and soothing breathwork.

ROBIN SITTIG
 Winlaw, BC • 250-226-0046
 robinsittig@yahoo.ca



A native of the Kootenays, I have been playing drums for almost half my life. A nagging curiosity about the deeper meaning of music and how it connects people has led me down this path of musical yoga.

Workshop #53 Saturday evening 2 hours

The Power of Listening

Drums are used to demonstrate the intense unity and connection experienced when playing rhythms requiring conscious, deliberate involvement of each member of the circle. Geared towards more experienced drummers, but any and all are welcome. Please bring your drum(s).

Workshop #54 Sunday morning 3 hours

Drumming for the Soul - Entrainment and the Breath

Participants learn to incorporate the breath into simple hand patterns on the drum, and how a powerful, unified musical experience can be achieved with very little technical skill on a drum. Very little drumming experience required. Please bring a drum.

Register before March 20th and save \$20... Adults \$145, Seniors/Teens \$120 plus GST plus meals and accommodation for the weekend

REGISTRATION FORM

Spring Festival of Awareness, April 28, 29 & 30, 2006

On site registration starts Friday the 28nd at 1:30 pm. Opening Ceremonies at 7:15 pm

Name 1 _____ Name 2 _____
 Address _____ Address # 2 _____
 Town _____ Prov. _____ Code _____ Town #2 _____ Prov. _____ Code _____
 Phone _____ email _____

FESTIVAL FEES

		Weekend	Saturday only	Sunday only
ADULTS	on or before March 20 th	\$ 145	\$ 100	\$ 55
	March 20 th —April 15 th	\$ 165	\$ 115	\$ 65
	After April 16 th and on site registration	\$ 175	\$ 125	\$ 70
SENIORS 65 yrs+ & TEENS (13-19)	on or before March 20 th	\$ 120	\$ 80	\$ 45
	March 20 th —April 15 th	\$ 140	\$ 95	\$ 55
	After April 16 th and on site registration	\$ 150	\$ 105	\$ 60

Registration Totals.... Please register early if you wish on site accommodation.

Festival Fees

___ Adults @ _____ = \$ _____
 ___ Teens/Seniors @ _____ = \$ _____

*Meals (from other side) Breakfast 7:30am, Lunch 12noon, Dinner 5:15 pm \$ _____

**Accommodation (from other side)\$ _____

Subtotal \$ _____

add 7% GST \$ _____

Grand Total \$ _____

Amount enclosed \$ _____ (50% deposit required)

Balance ... payable at the door \$ _____

Please remember to bring a travelling mug for refreshment breaks.

Keep this portion of the form for your information!

We prefer that participants register by completing the REGISTRATION FORM both sides and sending a cheque to:
Visions Unlimited, Spring Festival: RR 1, Site 4, C 31, Kaslo, BC VOG 1M0

We do not mail receipts. If you need confirmation please give us time to process the form and then call the number below. Refunds (less \$25) require a written, emailed or faxed request received by **APRIL 15** and will be processed after the event.

If paying by credit card you may register by phone or fax at the numbers below or email: angele@issuesmagazine.net

250-366-0038 or 1-888-756-9929 or ... fax 250-366-4171

To register online please go to www.issuesmagazine.net and click the Spring Festival

We will call and confirm once it is received and ask for a credit card number.

MEALS....Please preorder by APRIL 10

Please enter meals and accommodation \$'s on other side

MEAL PACKAGES

Meals include soup, salad, entree and dessert, plus coffee and tea, juice or milk.

1) 6 meals • Fri dinner to Sun lunch \$72.00 _____

2) 5 meals • Sat break to Sun lunch \$55.00 _____

or select the ones you want... →

Meal Service Times - the kitchen stays open for one hour.

Breakfast at 7:30 am • lunch at 12 noon • dinner at 5:15 pm

Please circle if you have a preference for ...

NO DAIRY NO WHEAT NO FISH

All meals are vegetarian except Saturday dinner with an option of fish.

When being served please let the server know if you requested NO DAIRY, NO WHEAT or NO FISH

Please order meals by April 10. This really helps make our job easier. Only if there are last minute cancellations will we have onsite meals available.

INDIVIDUAL MEALS

Fri. Dinner \$ 17.00 _____

Sat. Breakfast \$ 8.50 _____

Sat. Lunch \$ 10.50 _____

Sat. Dinner \$ 17.00 _____

Sun. Breakfast \$ 8.50 _____

Sun. Lunch \$ 10.50 _____

ACCOMMODATIONCheck out time is 12 noon - Sunday.

You will be charged for half a day stay if you are late checking out!

Please check your choice, descriptions below, then fill it in on the bottom line

- Maple Court One person, one night \$75 • one person, two nights \$135
Two or three people for one night \$40 per person • Two or three people for two nights \$75 per person
- Alberta Hall One woman, one night \$45 • Two women, one night, \$85 per person
Two women, one night \$30 per person • Two women, two nights \$55 per person
- Cabins **SHARED ONLY** • \$40 per person for one night, \$75 per person for two nights (3 to 5 people in a cabin)
- R.V. Space \$ 21.00 per night including electrical hook-up
- Tent \$ 17.00 per night .. no power
R.V. & tent spaces have a central bathroom with shower and a picnic area.
- or rent your own space by phoning these local Motels: **B.C. Motel (250) 496-5482**
They are located about 3 blocks off site. **Village Motel (250) 496-5535**

Maple Court and Alberta Hall have no cooking facilities. Maple Court has one double bed, one single bed and a bathroom. **Cabins** are spread around the site, each have a kitchen, bathroom, front room and one or two bedrooms. There is usually a hide-a-bed/couch in the front room. **Alberta Hall** is a two floor dorm with 2 single beds in a room and a large bathroom on each floor. **Bedding and towels are included in the price. The cabins also have dishes, toaster, tea kettle and pots.**

Accommodation spaces fill quickly and are on a first come, first serve basis, register early if you want specific lodging.

We will notify you either way what is available. If you want pre or post accommodations please ask, it is often available.

Naramata Centre requests.... Please NO pets on site and DO NOT call Naramata Centre to register